



# Club Nissim — November 2020

Club Nissim/Day Program for Holocaust Survivors is supported by grants from the Conference on Jewish Material Claims against Germany; UJA/Federation; the NYC Council Elie Wiesel Holocaust Survivor Initiative; and JFNA.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b>16</b>  <b>10:00</b> Tehillim &amp; Announcements  <b>10:30</b> Exercise with Chana Sahler  <b>11:45</b> “Living in the Moment” with Yosef Chesny  <b>1:00</b> FILM: “Daniel Deronda” Part 2 (Victorian drama with unexpectedly sympathetic Jewish sub-plot)</p>	<p><b>17</b>                    <b>Rosh Chodesh Kislev</b>  <b>10:00</b> Exercise with Suri Peretz  <b>11:00</b> “Shmuel II” Shiur and SIYUM with Peydouth Fleischer  <b>12:00</b> Stretching &amp; Balance with Dr. Birgé  <b>1:00</b> “Here’s Lucy” (Episode 2:2)   <u>“Anshei Nissim” (MEN ONLY)</u>  <b>1:30</b> Exercise with Dr. Birgé  <b>2:00</b> Learning with Rabbi Chesny</p>	<p><b>18</b>  <b>10:00</b> Tehillim &amp; Announcements  <b>10:30</b> Exercise with Svetlana Andrianova  <b>11:45</b> “Eating the Rainbow: The Benefits of Blue” Dr. Birgé &amp; Chef Chana will educate and inspire!  <b>1:00</b> FILM: “Poor Little Rich Girl” (Shirley Temple is being cute, singing and dancing...)</p>	<p><b>19</b>  <b>10:00</b> Exercise with Suri Peretz  <b>11:00</b> “Parsha Pearls—Toldos” Shiur by Chani Reicher  <b>12:00</b> <b>Oneg Shabbos with light refreshments</b> with Yosef Chesny</p>
<p><b>23</b>  <b>10:00</b> Tehillim &amp; Announcements  <b>10:30</b> Exercise with Chana Sahler  <b>11:45</b> <b>Personal Pizzas</b> with Bassy  <b>1:00</b> FILM: “Daniel Deronda” Part 3 (Victorian drama with unexpectedly sympathetic Jewish sub-plot)  <b>1:00-3:00</b> <b>Free Phone Consults</b> with Dr. Raphael Birgé</p>	<p><b>24</b>  <b>10:00</b> Exercise with Suri Peretz  <b>11:00</b> “Hilchos Shabbos” Shiur by Peydouth Fleischer  <b>12:00</b> Stretching &amp; Balance with Dr. Birgé  <b>1:00</b> “A Stich in Time—1” (Fashion history...)   <u>“Anshei Nissim” (MEN ONLY)</u>  <b>1:30</b> Exercise with Dr. Birgé  <b>2:00</b> Learning with Rabbi Chesny</p>	<p><b>25</b>  <b>10:00</b> Tehillim &amp; Announcements  <b>10:30</b> Exercise with Svetlana Andrianova  <b>11:45</b> <b>Sing-Along</b> with Judy Berger  <b>1:00</b> FILM: “She-Devil” (The frumpy housewife takes revenge on the romance writer who stole her husband)</p>	<p><b>26</b>                    <b>Thanksgiving Day</b>  <b>10:00</b> Exercise with Suri Peretz  <b>11:00</b> “Parsha Pearls—Vayetzei” Shiur by Chani Reicher  <b>12:00</b> <b>Oneg Shabbos with light refreshments</b> with Yosef Chesny</p>
<p><b>30</b>  <b>10:00</b> Tehillim &amp; Announcements  <b>10:30</b> Exercise with Chana Sahler  <b>11:45</b> “Doctor’s House Call: Corona Updates” with Dr. Raphael Birgé  <b>1:00</b> FILM: “Daniel Deronda” Part 4 (Victorian drama with unexpectedly sympathetic Jewish sub-plot)</p>	<p style="text-align: center;"><i>Stay Healthy &amp; Happy...!</i></p> 		