

# Club Nissim — March 2020

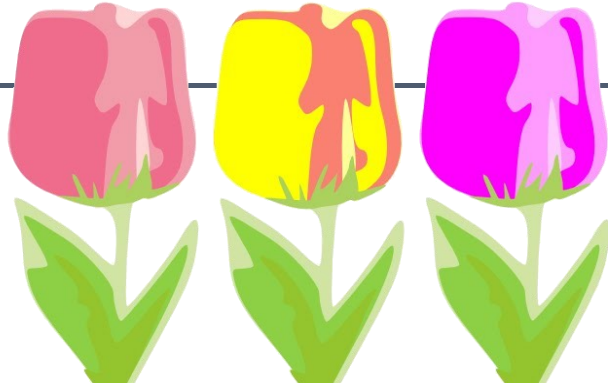
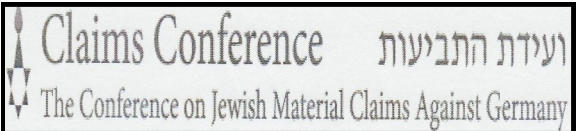

Club Nissim at the Boro Park Y  
4912 Fourteenth Avenue  
Brooklyn, New York 11219

Tel: 718-438-5921  
Fax: 718-871-7336  
email: clubnissim@gmail.com  
www.clubnissim.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b>2</b> 10:00 Tehillim &amp; Announcements 10:30 Workout with Chana Sahler 10:30 Light Exercise with Laya M 11:45 "Doctor's House Call: Stay Out of the ER! Lecture by Dr. Birgé 11:45 Purim Decoration w Mazol 1:00 FILM: "A Night at the Opera" (Comedy)</p> 	<p><b>3</b> 10:00 Exercise in the Senior Center 11:00 "Accessing Emunah" Shiur C Reicher 12:00 Body Work with PT Alex Mandel 1:00 "The Crown 2: 2-A Company of Men"</p> <p><u>MEN ONLY:</u> 12:00 "Anshei Nissim"</p> <p><b>Purim Party</b> (See full schedule in Nissim News)</p>	<p><b>4</b> 10:30 Workout in the Senior Center 12:00 — Purim Party with Lunch</p> <div style="border: 2px solid black; padding: 10px; text-align: center;"> <p><b>PURIM IN PEKING</b></p> </div>	<p><b>5</b> <u>10:00—1:00 "Abi Gezunt!" Clinic &amp; Vital Signs Screening</u> 9:30 Women's Swim (Big pool) 10:00 Water Workout (Small pool) 10:00 Exercise in the Senior Center 11:00 "Parshas Tetzave/ Shabbos Zachor" Shiur by Rivka Nojowitz</p> <p><u>MEN ONLY:</u> 1:00 Afternoon Chevra</p>
<p><b>9</b>      <b>Ta'anis Esther</b> 10:00 Tehillim &amp; Announcements 10:30 Workout with Chana Sahler 10:30 Light Exercise with Laya M 11:45 "Hidden or Revealed?" Shiur by Peydouth Fleischer</p>	<p><b>10</b></p> <div style="text-align: center;">  <p><b>SIMCHAS PURIM!</b></p> </div>	<p><b>11</b>      <b>Shushan Purim</b> 10:00 Tehillim &amp; Announcements 10:30 Workout with Suri Peretz 10:30 Light Exercise with Idy Katz 11:45 Shushan Purim Fun with Refreshments 1:00 FILM: "Chitty Chitty Bang Bang" (Musical family comedy)</p>	<p><b>12</b> <u>10:00—1:00 "Abi Gezunt!" Clinic &amp; Vital Signs Screening</u> 9:30 Women's Swim (Big pool) 10:00 Water Workout (Small pool) 10:00 Exercise in the Senior Center 11:00 "Parshas Ki Sisa/ Parshas Parah" Shiur by Peydouth Fleischer</p> <p><u>MEN ONLY:</u> 1:00 Afternoon Chevra</p>

# Club Nissim — March 2020

Club Nissim/Day Program for Holocaust Survivors is supported by grants from the Conference on Jewish Material Claims against Germany, UJA/Federation, and the NYC Council Elie Wiesel Holocaust Survivor Initiative.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b>16</b>  <b>10:00</b> Tehillim &amp; Announcements  <b>10:30</b> Workout with Chana Sahler  <b>10:30</b> Light Exercise with Laya Mandel  <b>11:45</b> Sing-Along with Zohar  <b>11:45</b> Chocolate Chip Pound Cake w Bassy  <b>1:00</b> Adar Birthday Party  <b>1:15</b> "Here's Lucy" (TV Comedy)</p>	<p><b>17</b>  <b>10:00</b> Exercise in the Senior Center  <b>11:00</b> "Accessing <i>Emunah</i>" Shiur C Reicher  <b>12:00</b> Body Work with P Alex Mandel  <b>1:00</b> "Authorship &amp; Authority" Writing workshop with Rebecca Weingarten  <b>1:00</b> "The Crown 2: 3-Lisbon"  <b>MEN ONLY: 12:00</b> "Anshei Nissim" Lunch</p>	<p><b>18</b>  <b>10:00</b> Tehillim &amp; Announcements  <b>10:30</b> Workout with Suri Peretz  <b>10:30</b> Light Exercise with Idy Katz  <b>11:45</b> "Shmuel II" Shiur by Peydouth Fleischer  <b>11:45</b> Black Bean Soup with Mazol  <b>1:00</b> FILM: "Judy" (Biographic drama)</p>	<p><b>19</b>  <b>10:00—1:00</b> "Abi Gezunt!" Clinic &amp; Vital Signs Screening  <b>9:30</b> Women's Swim (Big pool)  <b>10:00</b> Water Workout (Small pool)  <b>10:00</b> Exercise in the Senior Center  <b>11:00</b> "Parshas Vayak'hel-Pekudei/ Shabbos Hachodesh" Shiur by Hindi Ginsberg</p>
<p><b>23</b>  <b>10:00</b> Tehillim &amp; Announcements  <b>10:30</b> Workout with Chana Sahler  <b>10:30</b> Light Exercise with Laya Mandel  <b>11:45</b> "Housing Issues for Seniors" Presentation by Tom Bauer, Director of Operations, SBCO  <b>11:45</b> Roasted Vegetables with Bassy  <b>1:00</b> "Hilchos Shabbos" Shiur by Peydouth Fleischer</p>	<p><b>24</b>  <b>10:00</b> TRIP: Bowling  <b>10:00</b> Exercise in the Senior Center  <b>11:00</b> "Accessing <i>Emunah</i>" Shiur C Reicher  <b>12:00</b> Body Work with P Alex Mandel  <b>1:00</b> "Guided Painting" with Chana  <b>1:00</b> "The Crown 2: 4-Beryl"  <b>MEN ONLY: 12:00</b> "Anshei Nissim" Lunch &amp; Learning (See full schedule in Nissim News)</p>	<p><b>25</b> <b>Waffle Day</b>  <b>10:00</b> Tehillim &amp; Announcements  <b>10:30</b> Workout with Suri Peretz  <b>10:30</b> Light Exercise with Idy Katz  <b>11:45</b> "Shmuel II" Shiur / Peydouth Fleischer  <b>11:45</b> Waffles with Bassy  <b>1:00</b> FILM: "Waffle Street" (Drama)</p>	<p><b>26</b> <b>Rosh Chodesh Nisan</b>  <b>10:00—1:00</b> "Abi Gezunt!" Clinic &amp; Vital Signs Screening  <b>9:30</b> Women's Swim (Big pool)  <b>10:00</b> Water Workout (Small pool)  <b>10:00</b> Exercise in the Senior Center  <b>11:00</b> "Hilchos Pesach" Shiur by Rabbi Moshe Schoenblum  <b>12:00</b> Rosh Chodesh Raffle</p>
<p><b>30</b>  <b>10:00</b> Tehillim &amp; Announcements  <b>10:30</b> Workout with Chana Sahler  <b>10:30</b> Light Exercise with Laya Mandel  <b>11:45</b> "Better Health the Natural Way" Lecture by Suri Rabinowitz  <b>11:45</b> Peanut Butter Cookies with Bassy  <b>1:00</b> Tea Party with a Spring Flavor</p>	<p><b>31</b>  <b>10:00</b> Exercise in the Senior Center  <b>11:00</b> "Accessing <i>Emunah</i>" Shiur C Reicher  <b>12:00</b> Body Work with P Alex Mandel  <b>1:00</b> "Guided Painting" with Chana  <b>1:00</b> "Authorship &amp; Authority" Writing workshop with Rebecca Weingarten  <b>1:00</b> "The Crown 2: 5-Marionettes"  <b>MEN ONLY: 12:00</b> "Anshei Nissim" Lunch &amp; Learning (See full schedule in Nissim News)</p>	<div style="text-align: center;">  </div> <div style="text-align: center;">   </div> <p><b>PROGRAMS ARE SUBJECT TO CHANGES AND/OR CANCELATIONS!</b></p>	